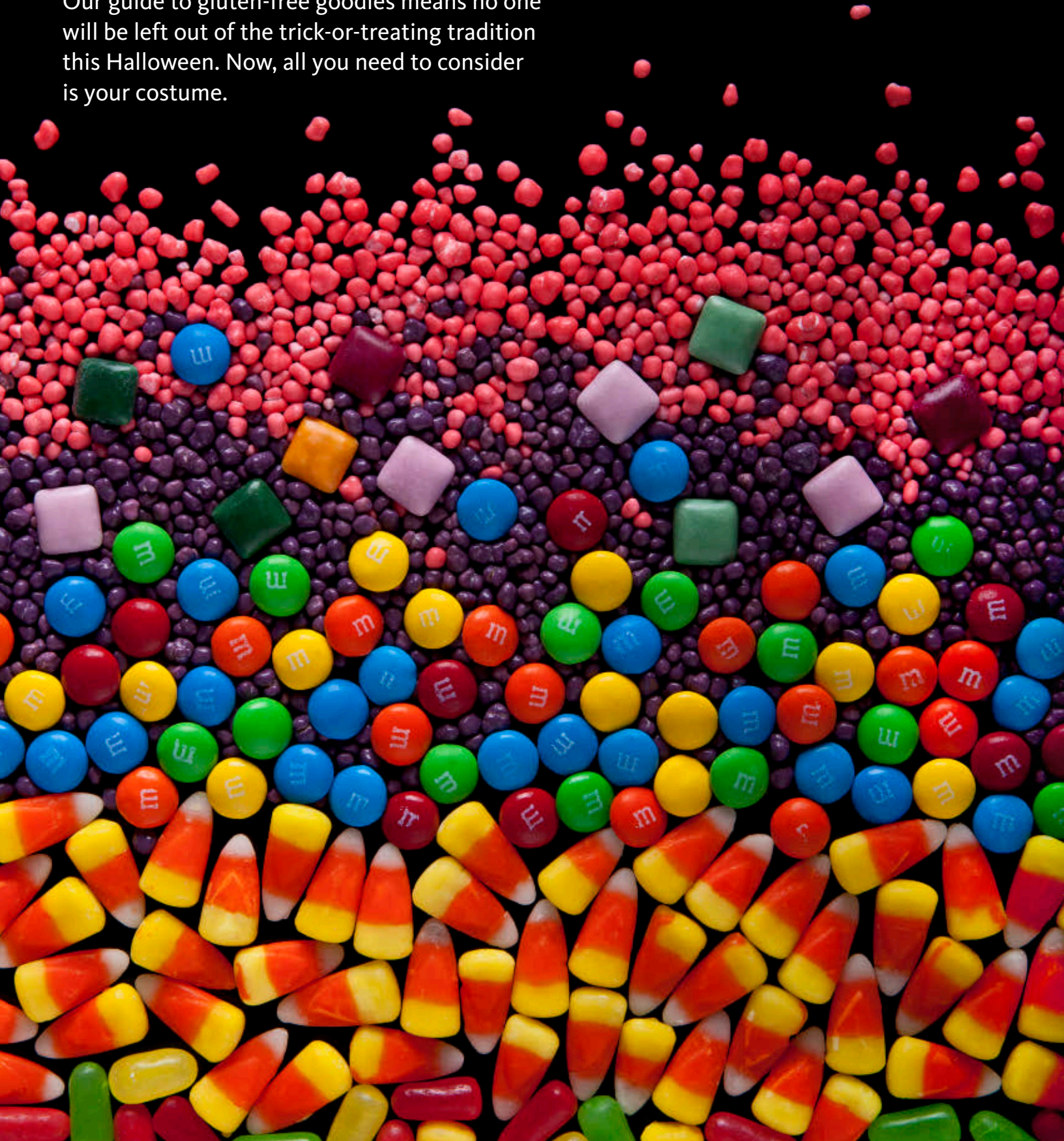


TREAT YOURSELF

Totally Sweet

Our guide to gluten-free goodies means no one will be left out of the trick-or-treating tradition this Halloween. Now, all you need to consider is your costume.





Candy Corn
Who doesn't recognize this quintessential classic—still one of America's favorite treats. (farleysandsathers.com, \$7.99 for a 70-count bag)



Surf Sweets Gummy Worms
Gummy worms—all made with organic fruit juice—get in on the spooky fun in both sweet or sour flavors. (surfsweets.com, \$1.99 for a 2.75-oz. bag)



Blow Pops
Walk down memory lane with these lollipops. Your kids might love them as much as you. (tootsie.com, \$3.79 for a 13.2-oz. bag)



Glee Gum
Made with sustainably harvested rainforest chicle, this all-natural gum is one you can feel good about. (gleegum.com, \$20 for an 80-count bag)

90% of parents admit to sneaking goodies from their kids' trick-or-treat Halloween bags.

SOURCE: National Confectioners Association



Indie Candy Lollipops
Choose chocolate or candy crystal pops. Either way, you'll be eating all-natural, allergen-free treats handmade in Alabama. (indiecandy.com, \$1.99 for a lollipop)



M&M's
You can't resist these go-to classic chocolate candies, available in fun Halloween colors. (mms.com, \$8.99 for a 50-count bag)



Peeps
Not just for Easter anymore! Now you can enjoy the marshmallow bites in ghost and pumpkin shapes, too. (marshmallowpeeps.com, \$9.99 for a 3-count package)



Nerds
Willy Wonka brings kids of all ages these tiny candies that crunch in your mouth. (wonka.com, \$7.50 for a 50-count bag)



Yummy Earth Organic Gummy Bears
The world's first and only organic gummy bears, these all-natural gummies are made with real fruit juice. (yummyearth.com, \$15.98 for a 24-count bag)



Mike and Ike
These childhood favorites come in a rainbow of flavors, including cherry, orange, lime, lemon and strawberry. (justborn.com, \$20 for a 24-count bag)

68% of kids prefer homes that give anything made with chocolate.

SOURCE: National Confectioners Association